

'To make tired skin look like it has had eight hours' sleep, dust with Chanel's powder in Pêche, and line the inner rim of your lower eye with a gold pencil'

Mathew Alexander, make-up artist

**Leighton Denny**

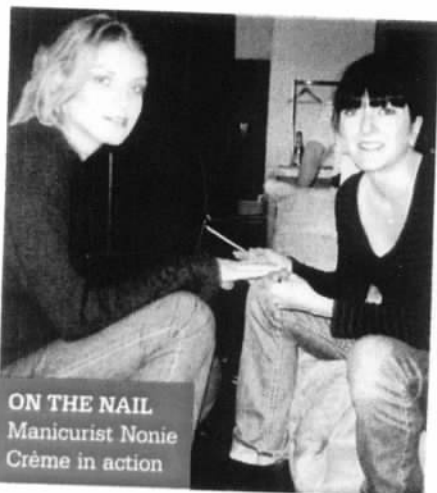
If you've got a party or a special event to prepare for, then Denny will give your nails a touch of va-va-voom polish. Manicure or pedicure, from £80.

*The Urban Retreat, Harrods, Knightsbridge, SW1 (020 7893 8333; www.harrods.com).*

**BEST FOR... MAKE-UP**

**Mathew Alexander**

For understated, high-speed glamour, Alexander is the perfect choice. He'll advise you on do-it-yourself beauty tricks, and you'll wonder how you ever managed without them. He counts publisher Tina Brown, actress Natasha Richardson and internet entrepreneur Martha Lane Fox among his high-powered clientele. Express make-up, from £80; 90-minute make-up lesson (including a make-up chart), from £250.



**ON THE NAIL**  
Manicurist Nonie Crème in action

*Nyumba, 6-7 Mount Street, W1 (020 7408 1489; www.nyumbasalon.com).*

**Lisa Amaral**

Kiss goodbye to beauty ruts and step inside Chanel's fun, interactive make-up studio on Harvey Nichols' sixth floor. Amaral specialises in creating chic day looks. Instructive 45- to 60-minute make-up lesson (redeemable against products), from £20.

*Chanel Studio, Harvey Nichols, 109-125 Knightsbridge, SW1 (020 7823 1735; www.harveynichols.com).*

**BEST FOR... A MASSAGE**

**Amanda Birch**

Birch's deep-tissue massage is legendary. Half-hour massage, £45.

*Michaeljohn, 25 Albemarle Street, W1 (020 7629 6969; www.michaeljohn.co.uk).*

**THE EXPERTS WHO WILL VISIT YOU IN LONDON**

**NAILS**

**Andrea Fulerton**

Sophie Dahl, Naomi Campbell, Kate Moss, Jacquetta Wheeler and Britney Spears have all trusted Fulerton with their talons. From £40.

*Andrea Fulerton (07812 175994).*

**FAKE TAN/WAXING**

**Suzie Hadassi**

You'll look and feel as though you've just stepped off a yacht in St Tropez. Tanning, from £40. Brazilian or Hollywood wax, from £30.

*Suzie Hadassi (07932 069799).*

**HAIR**

**James Mooney**

Mooney's celebrity client list is a closely guarded secret, but he has recently styled models Erin O'Connor, Helena Christensen and Liberty Ross. Consultation, cut and blow-dry, from £150.

*James Mooney (07817 727184).*

**Natalie Jayson**

Hers is the fastest blow-dry in town, and it lasts for a week. From £40.

*Natalie Jayson (07931 764121).*

**FACIALS**

**Phillippa Martin**

Martin offers hydrating Dermalogica facials. From £70.

*Unlisted London (0870 225 5007; www.unlistedlondon.co.uk).*

**MAKE-UP**

**Glaucia Rossi**

A legend in her own right, Rossi's makeovers will make you look like a Hollywood A-lister. She has worked with Jerry Hall, Meg Ryan, Naomi Campbell and Jane Seymour, among many others. Makeover, from £500.

*Glaucia Rossi (020 7289 7485; www.glaucarossi.com).*

**Sarah Reygate**

With clients such as Kylie Minogue and Laura Bailey, Reygate is a star make-up artist who specialises in creating flawless skin. After a session with her, you'll be left looking and feeling like a goddess. Makeover, from £350.

*Sarah Reygate (07956 481429).*

**ALL-ROUNDERS**

**Groom**

Therapists Katie Smith and Natalie Wentworth work together on what's known as the Groom Hour, a service which ensure that you receive a blissful facial, manicure and pedicure inside 60 minutes. Although the service generally takes place in the company's luxurious Beauchamp Place premises, the two therapists will come to your home if required. From £105.

*Groom (020 7581 1248; www.groomlondon.com).*