

GARDNER'S WORLD

Top of the crops, presented by Ann Marie Gardner



Top row, from left, Stila Concealer, £13.50 each, at Space NK, 45-47 Brook Street, W1. Clinique Total Cover Sun Block SPF30, £11.50. Czech & Speake Neroli Bath Oil, £32 (for mail-order details, ring 0800 919728). Kiehl's Lavender Foaming-Relaxing Bath with Sea Salts and Aloe Vera, £26.50, at Space NK, as before. Trish McEvoy Fragrance 2, £42. Clairs Jeunesse des Mains Hand and Nail Treatment Cream, £11.50. Eve Lom Cleanser, £35, at Space NK, as before. Middle row, from left, Avoplex Cuticle Treatment Oil, £13.50 (for mail-order details, ring 0181 868 3400).



Solgar Omnium multiple vitamins, £14.65. Chanel Crayon Trois Facettes, £15. Elizabeth Arden Skin Illuminating Complex, £29. Lancôme Primordiale Yeux, £23. Chanel Extra Gloss in Lune, £12. Bottom row, clockwise from left, Jasmine-milk soap by Fresh, £7.95, at Liberty. Estée Lauder Body Smoother Exfoliating Cream, £15. Trish McEvoy Micromini planner, £15, at Harvey Nichols. Remède Hyalock Intensive Moisture Guard, £125, at Space NK, as before. □

OTHER HITS

- Nicky Kinnaird for creating Space NK, a beauty toyshop.
- Jane magazine for its attitude.
- Matt Roberts at Matt Roberts Personal Training (tel: 0171 491 4232), the closest thing London has to an LA-style trainer.
- Pedicures with Cheryl, £22, at The Nail Emporium (tel: 0171 386 5222).
- Jane, Hannah, Joel and Kiki at John Frieda (tel: 0171 491 0840) for their dead-straight blow-drys and beautiful cuts.
- Massages with Amanda, £45, at Michaeljohn (tel: 0171 629 6969).
- Decleor Spa Pure treatment, £40, at L'Avenue Decleor (tel: 0171 235 3354).



Ann Marie Gardner ♥ fresh air