



Tatler beauty

Spotlight Futuristic facials

If you like a bit of science in your skincare, it's time to check into one of London's top facial rooms, where machines are getting glowing results that last beyond the usual two days.

[Amanda Birtwell \(020 7581 5001\) combines her healing touch with ultrasound, £160, a non-invasive therapeutic laser that stimulates the lower layers of the skin to get the circulation going and considerably](#)

[improves your complexion. Previously used in hospitals to treat skin cancers and heal scars, Dralikin also stimulates the pineal glands, which are believed to help to produce the happy hormone serotonin. Call Neville Hair and Beauty via \(020 7\) 225 3054.](#) Is Vanda Serrador's brilliant Urban Performance Lymphatic Facial, £185. Going beyond the bounds of the cleanse, tone and moisturise routine, Vanda hooks you up

to her Caci machine and passes an electrical current through your body to stimulate the lymph glands, purging toxins and giving you a deep clean from the inside out. She cleanses skin with a soft rotating brush and uses a Vacusuction machine that tones facial muscles, while her assistant administers a glycolic foot peel that dissolves hard skin from high heels. You leave feeling brighter and lighter. *Olivia Falcon*

Top new salons

Move over New York – the salon scene in London is getting a revamp with three hot newcomers.

1 **Gielly Green** (tel: 020 7034 3060) in George Street, W1, combines comfort and chic – the hair-washing stations are imported from Japan, with seats that levitate you horizontally for relaxing scalp rituals. The water is electronically filtered to give you super-silky hair. There's also a coffee bar, a Butter London nail lounge and fab facials by Amanda Birch.

2 Be one of the first to join **Joe's Hair and Beauty** (tel: 020 7629 3456). Set in a bright loft in Burlington Arcade, it's like an exclusive member's club. For the annual fee of £3,500 you can have unlimited cuts, colouring and nail services – ideal for women who are fastidious about grooming. Joe's also has a Vespa hair-at-home service – your stylist rocks up at your door to give blowdries to you and your family.

3 Back in George Street, **Leon London** (tel: 020 7224 4007) brings bling to the block with a small, but glam, salon behind a curtain of crystal beads. Leon has four stylists and has worked on everything – from shoots in Paris with legendary photographer Walter Chin to Aerosmith videos (so he knows how to do big hair).



Natural ingredients

After years of scientific breakthroughs that have helped our hair defy gravity, the hair industry is doing a U-turn and going back to nature for answers. Leading the movement is **Intelligent Nutrients**, a pioneering brand that uses certified organic food-based ingredients rather than chemical nasties. Its founder, Horst Rechelbacher, is on a personal mission to change the chemicals used in cosmetics, many of which he claims are

harmful to our health. Instead of using preservatives like parabens, considered to be carcinogenic by some experts, he uses essential oils – like bitter orange and thyme – and vacuum packaging to keep his formulas fresh. He has also

replaced skin-irritating surfactants, which create the lather in shampoos, with harmless emulsifiers found in yoghurt. In his hairspray, toxic fixatives (which, he says, are loaded with plastic agents that can coat the lungs) have been left out. Instead he employs gum technology – an edible dry sap from shrubs and trees (often used as the binding agent in chewing-gum) is included to give hold and volume to hair naturally. Green goddess Louise Galvin also continues the good work with a new **Volumising Spray** that gives body to fine hair and contains aromatherapy citrus oils for added shine. Further afield, the rainforests of South America have been

